

Children's Circle Montessori School

Sleep Supervision Policy

Parents/Guardians will be consulted with respect to a child's sleeping arrangements during enrollment and during any other appropriate time, for example, transitioning from Toddler to Casa Program or upon request. All children will be provided with a comfortable place to rest or nap as outlined in the Program Schedule. Quiet activities are available for those children who do not sleep. Each child will be provided with their own labeled cot covered with a cot sheet and a blanket. All the bedding will be laundered at the school on a weekly basis or as needed. Please do not send stuffed animals and/or "blankies"; it's upsetting for a child when other children want to hold their belongings.

Children are under constant supervision while they are sleeping, however, staff will perform direct visual checks twice per day while the children are sleeping. These direct visual checks will allow them to observe significant changes in a child's sleeping patterns or behaviours. Direct visual checks will be documented in the Sleeping Log. Significant changes in sleeping patterns or behaviours will be communicated with a note home to parents/guardians. If an issue requires further discussion, the Lead staff member will contact a parent/guardian by phone to discuss any changes or issues.